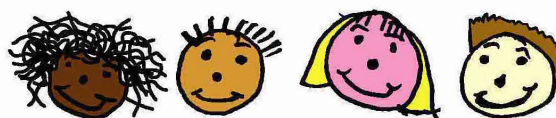


# Bowes Primary School



## Suggested Home Learning Timetable

We have created a suggested timetable that parents can use at home during the school closures. Year group 'Home Learning Packs' are available to download from the school website which include a range of activities.

At your discretion – just a guide		Suggested activities
Before 9am	Wake-up	<ul style="list-style-type: none"> <li>• Eat breakfast – can you get it yourself or help to prepare it?</li> <li>• Get dressed and put your pyjamas away.</li> <li>• Make your bed.</li> </ul>
9 – 10:30am	Learning time – Reading and Writing	<ul style="list-style-type: none"> <li>• Complete an activity from your home learning pack.</li> </ul>
10:30 – 11am	Break time	<ul style="list-style-type: none"> <li>• Complete a physical activity.</li> <li>• Have a mid-morning snack – try and be healthy.</li> </ul>
11am – 12pm	Learning time - Maths	<ul style="list-style-type: none"> <li>• Complete an activity from your home learning pack.</li> </ul>
12 – 1pm	Lunch	<ul style="list-style-type: none"> <li>• Help your grown up to prepare the lunch – eat together if you can.</li> <li>• Complete a physical activity.</li> </ul>
1 – 1:30pm	Reading for pleasure	<ul style="list-style-type: none"> <li>• School reading books, home books, e-books, magazines, etc.</li> <li>• Share a book with someone if you can – if not on your own.</li> </ul>
1:30 – 2:30pm	Learning time - Topic	<ul style="list-style-type: none"> <li>• Complete an activity from your home learning pack.</li> </ul>
2:30 – 3pm	Break time	<ul style="list-style-type: none"> <li>• Complete a physical activity.</li> <li>• Have an afternoon snack – try and be healthy.</li> </ul>
3 – 3:30pm	Technology time	<ul style="list-style-type: none"> <li>• If you have access, complete some online educational activities, e.g. Times Tables Rock Stars, BBC Bitesize, etc.</li> <li>• Remember to stay safe online.</li> </ul>
3:30 – 4pm	Jobs	<ul style="list-style-type: none"> <li>• Wash the dishes</li> <li>• Tidy your bedroom</li> <li>• Help around the house</li> </ul>
4 – 4:30pm	Creative time	<ul style="list-style-type: none"> <li>• Lego</li> <li>• Drawing</li> <li>• Construction</li> <li>• Music</li> </ul>